



WELLBODY
INNOVATIONS

...dragonflies represent
powers of light and
transformation.

Dr. Lisa H. Upshaw
D.C, MAOM, LA.c

www.drlisaupshaw.com
drlisa@drlisaupshaw.com

NES INITIAL INTAKE FORM

Date: _____

Name: _____
Last First M.I.

Street: _____

City: _____ State: _____

Zip: _____

Birthdate ___/___/___ Age _____ Sex: M/F

Marital Status: S/M/D # of Children: _____

Occupation: _____

Primary reason for visit: _____

Phone

Mobile: _____ Home: _____

Email: _____

In case of emergency, please contact:

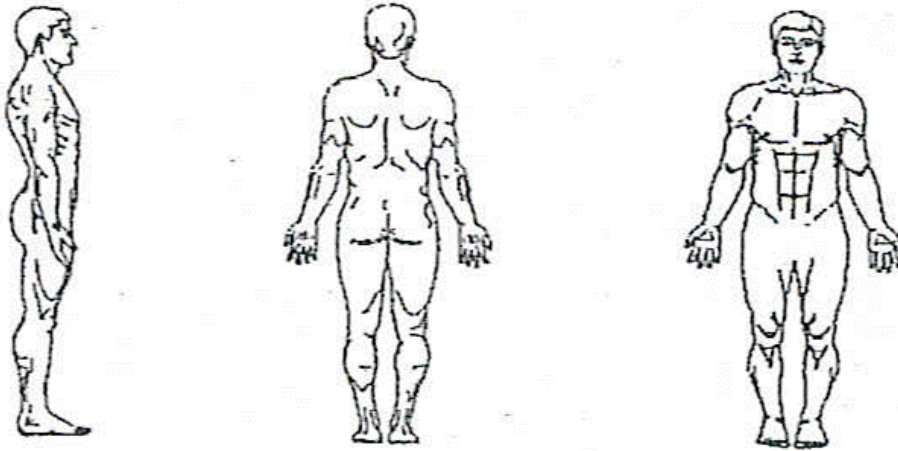
Name: _____ Phone: _____

Relationship: _____

PHYSICAL INFORMATION FORM

How your discomfort or pain began:

Mark an X on the picture where you have pain, numbness, tingling, or other symptoms. Please number multiple areas of discomfort with "#1, 2" and so on.



Please rate your pain or discomfort on a scale of 0 to 10.

No Pain(0) _____ Unbearable (10)

Please check mark all that apply. How often are your symptoms present?

___ Constantly ___ Frequently ___ Occasionally

Since it began, is your problem: ___ Improving ___ Worsening ___ No change

Describe your current symptom (s)?

___ Sharp/Stabbing ___ Throbbing ___ Aches ___ Dull ___ Soreness
___ Weakness ___ Numbness ___ Shooting ___ Burning ___ Tingling
___ Other(please describe) _____

What makes the problem better?

___ Nothing ___ Lying down ___ Walking ___ Standing ___ Sitting ___ Movement
___ Exercise ___ Inactivity/Rest
___ Other(please describe) _____

What makes the problem worse?

___ Nothing ___ Lying down ___ Walking ___ Standing ___ Sitting ___ Movement
___ Exercise ___ Inactivity ___ Other (please describe) _____

HEALTH HISTORY

Name _____ Date _____

Past/Current Medical Conditions: _____

What treatment (s) have you received for your condition?

___ Medications ___ Surgery ___ Physical Therapy ___ Chiropractic
 ___ None ___ Other (please describe) _____

Name & contact of doctor(s) that have treated you for this condition:

Date of Last:

Physical Exam _____ Spinal X-Ray _____ Blood Test _____
 Spinal Exam _____ Chest X-Ray _____ Urine Test _____
 Acupuncture Exam _____ MRI, CT, Bone Scan _____

Please place a check mark in the correct box:

| AIDS/HIV | Y | N | CANCER | Y | N | HIGH BLOOD PRESSURE | Y | N | PCOS | Y | N |
|----------------------|---|---|---------------------|---|---|---------------------|---|---|----------------------|---|---|
| ALCOHOLISM | | | CHEMICAL DEPENDENCY | | | HIGH CHOLESTEROL | | | PROSTATE PROBLEM | | |
| ALLERGY SHOTS | | | CHICKEN POX | | | HPV | | | PSYCHIATRIC CARE | | |
| ANEMIA | | | DIABETES | | | KIDNEY DISEASE | | | RHEUMATOID ARTHRITIS | | |
| ANOREXIA | | | (UTERINE) FIBROIDS | | | LIVER DISEASE | | | THYROID IMBALANCE | | |
| APPENDICITIS | | | FRACTURES | | | MEASLES | | | TONSILITIS | | |
| ARTHRITIS | | | GOITER | | | MENINGITIS | | | TUBERCULOSIS | | |
| ASTHMA | | | HEADACHES | | | MIGRANIE | | | TUMORS | | |
| AUTOIMMUNE CONDITION | | | HEART DISEASE | | | MISCARRIAGE | | | ULCERS | | |
| BLEEDING DISORDER | | | HEPATITIS | | | MONONUCLEOSIS | | | VAGINAL INFECTIONS | | |
| BREAST LUMPS | | | HERNIATED DISC | | | MULTIPLE SCLEROSIS | | | WHOOPIING COUGH | | |
| BRONCHITIS | | | HERNIA | | | OSTEOPOROSIS | | | | | |
| BULIMIA | | | HERPES | | | PARKINSON'S DISEASE | | | | | |

HEALTH HISTORY

Family Medical History:

Please check if a family member has had:

- Heart Disease
- Diabetes
- High Blood Pressure
- Stroke
- Cancer
- Obesity
- Autoimmune Condition

Exercise:

- None
- Daily
- Moderate
- Heavy

Work Activity:

- Sitting
- Standing
- Active
- Light Labor
- Heavy Labor

Dominant Hand:

- Right
- Left
- Ambidextrous

Sleep Position:

- Back
- Stomach
- Left Side
- Right Side

Please describe any injuries, accidents, falls, broken bones, surgeries, dislocations:

Please list vitamins, supplements, medications:

FINANCIAL AGREEMENT

I, the undersigned comply and understand that I am responsible for payment in full at the time services are provided. Payments for Dr. Lisa Upshaw may be made in the form of insurance billing, cash, credit card or check made payable to Dr. Lisa Upshaw or Wellbody Innovations.

Responsible Party Signature
(Signature of legal guardian if under 18)

Print Name

Date _____

Print name if guardian has signed _____

CANCELLATION POLICY

By booking an appointment time, you are reserving time for your treatment. If you need to cancel or reschedule, we require 24 hours notice so that another patient can receive treatment.

If an appointment is cancelled within 24 hours or missed you will be charged in full for the session.

I, the undersigned comply and understand that I am responsible for canceling my appointment in advance or will be charge for the full cost of the session.

Responsible Party Signature
(Signature of legal guardian if under 18)

Print Name

Date _____

Print name if guardian has signed _____

CREDIT CARD AUTHORIZATION FORM (OPTIONAL)

Credit Card: _____

CC#: _____

Expiration Date: _____

Code (last 3 digits at signature strip for MC or Visa/4 digits on front of AMEX):

Name (as it appears on credit card): _____

Billing Address for Credit Card:

STREET _____

CITY _____

STATE _____ ZIP _____

EMAIL ADDRESS: _____

Credit Card Authorization:

I, the undersigned comply and understand that my credit card will be charged with my consent for a pre-negotiated amount for products and/or services rendered by Dr. Lisa H. Upshaw, consistent with the cancellation policy and/or services or products fees.

Print Name _____

Signature _____

Date _____

